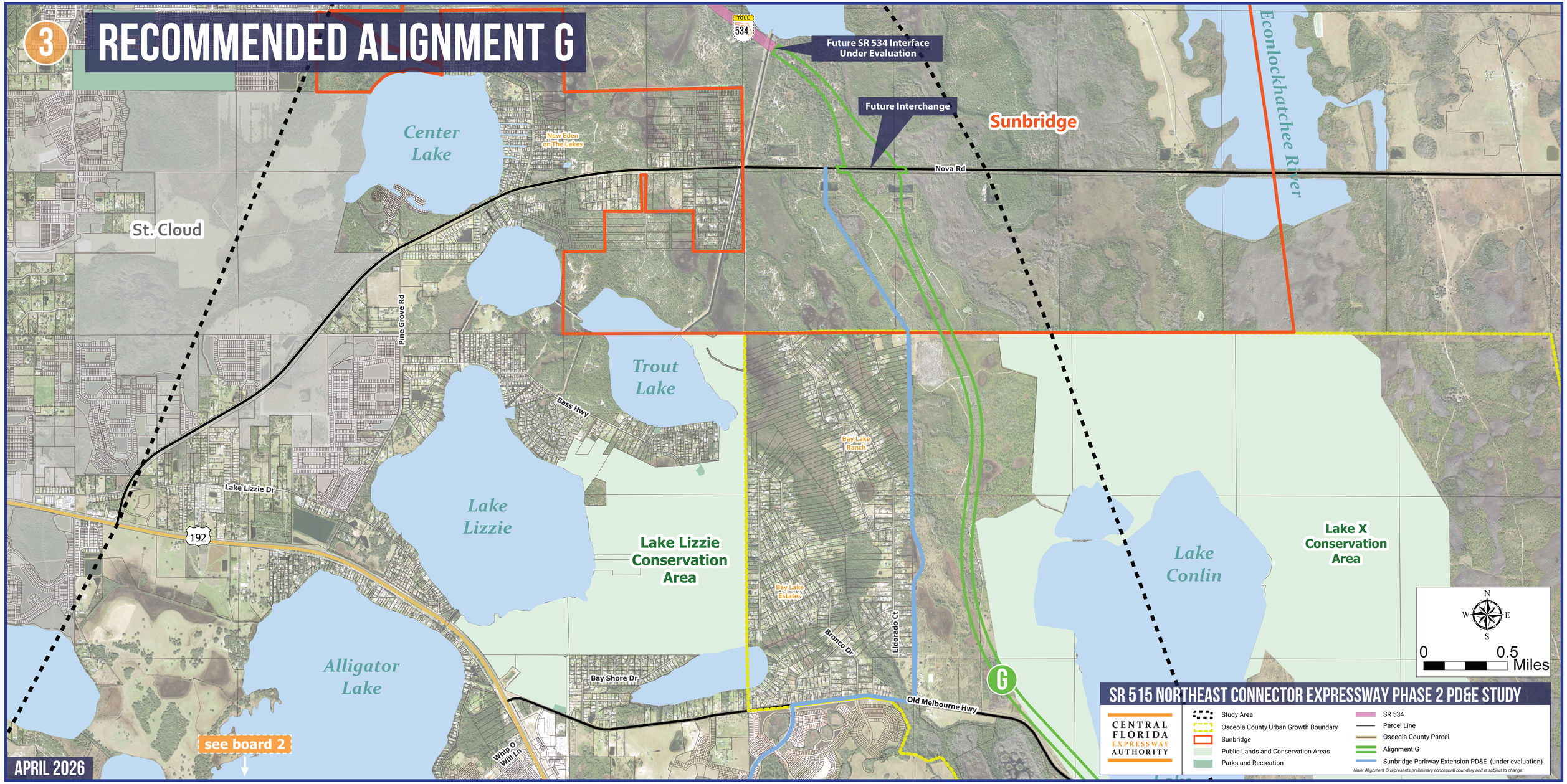3 RECOMMENDED ALIGNMENT G